







NSS Activity Year 2022-23

SN	Date	No. of Students	Name of Events	Photos	Report
1	05-06-22	8	Environment day by poster making on theme “Only one Earth”		<p>World Environment Day helps make people aware of the problems our environment is facing and what we can do to combat them. It is very beneficial in reducing pollution and preventing the scarcity of non-renewable resources. It teaches people of all walks of life different steps they can adopt, like avoiding plastic, planting more trees, recycling, saving water, and protecting our wildlife and animals and our “Only One Earth.”</p>
2	21-06-22	50	International Yoga day in Hemchand Yadav University, Durg	 <p>https://photos.app.goo.gl/8CbAhiRbw7Joeo3S8</p>	<p>International Yoga day is celebrated at Hemchand Yadav University, Durg in the presence of Vice Chancellor of HYU Dr. Aruna Palta, NSS coordinator of HYU Durg, Dr. R P Agrawal & program officer and NSS volunteers of different colleges. In this program, by doing yoga in a group, we make energetic and give positive energy to mind, body, as well as soul of all the people.</p>





3	29/06/22	20	Ek Divsiy Rastriy Jagrukta Karykram	 <p>https://photos.app.goo.gl/izvsrHB5EDtXCUou7</p>	<p>In this event we organized ‘Ek Divsiy Rastriy Jagrukta Karykram’ in our college and we motivated all students about the strength of unity.</p>
4	19-07-22	25	Free Health Check up and Vaccination		<p>In this event team of doctors for eye check up, dental and normal body check up observe 97 persons. Covid vaccination team of district hospital durg vaccinated of approx 150 person to providing them Co-vaccine, Covishield and booster dose. NSS volunteers participated to all medical health team in different ways.</p>
5	26-07-22	40	Ghar Ghar Tiranga Har Ghar Tiranga		<p>In this event we organized “Ghar Ghar Tiranga Har Ghar Tiranga” rally Program by NSS team on the location of Civic Center to pragati bhavan Bhilai . Where we motivated all the people about how to give respect and aware about our national flag.</p>

6	03-08-22	28	Swachta pkhwadha		<p>Swachh Bharat Abhiyan has become a 'Jan Andolan' receiving tremendous support from the people. Citizens too have turned out in large numbers and pledged for a neat and cleaner India. Taking the broom to sweep the streets, cleaning up the garbage, focussing on sanitation and maintaining a hygienic environment have become a practice after the launch of the Swachh Bharat Abhiyan.</p>
7	15-08-22		Independence Day		<p>On 15th Aug, we celebrated Independence Day in our College.</p>
8	01-09-22 to 30-09-22	30	Poshan month		<p>POSHAN Abhiyaan is Government of India's flagship programme to improve nutritional outcomes for children under 6 years of age, pregnant women and lactating mothers. The month of September every year is celebrated as the Rashtriya Poshan Maah or the National Nutrition.</p>

<p>9</p>	<p>11-09-22</p>	<p>10</p>	<p>Essay competition (Mahila poshan)</p>		<p>Health is a major concern worldwide. Women and children form an important pillar of the society and it is crucial to focus on their health and nutrition. The health concerns of women are numerous and influenced by various factors like gender disparities, early marriage, domestic violence and sexual abuse, malnutrition, poverty, illiteracy and access to quality healthcare.</p>
<p>10</p>	<p>11-09-22</p>	<p>12</p>	<p>Poster competition (Baal swasthya parikshan)</p>		<p>The Ministry of Health & Family Welfare, Government of India, under the National Health Mission launched the Rashtriya Bal Swasthya Karyakram (RBSK), an innovative and ambitious initiative, which envisages Child Health Screening and Early Intervention Services, a systemic approach of early identification</p>
<p>11</p>	<p>13-09-22</p>	<p>45</p>	<p>Power point presentation (Nutrition)</p>		<p>Good nutrition is about healthy eating. This means regularly choosing healthy foods and beverages. A healthy eating plan should give your body the energy and nutrients that you need every day. Nutrients include proteins, carbohydrates, fats, vitamins, minerals, and water.</p>

12	14-09-22	10	Vyanjan competition		<p>The event not only provided a platform for the students to foster their creativity and decision making skills but also helped them explore their hidden talents and discover new areas of interest.</p>
13	17-09-22	32	Self defence training		<p>Self-defence training for women emerged, alongside shelters, telephone helplines and self-help groups, in the early 1970s as one of many innovative feminist responses to violence against women.</p>
14	19-09-22	185	Blood donation camp		<p>Blood donation is a healthy process. The human body can replenish the blood donated in 4 to 8 weeks, while the blood plasma gets replenished within 48 hours. Donating blood helps in clearing the harmful iron deposits in the body, which helps in the prevention of cardiovascular diseases.</p>

15	23-09-22	45	Vyakhyan : Related to Posan Maah & Posan Aahar		<p>Under the POSHAN Abhiyaan, 'Rashtriya Poshan. Maah' is celebrated each year in September with the aim to create awareness about nutrition and healthy food.</p>
16	24-09-22	54	NSS ke sthapna divas ke Avsar pr bhashan prtiyogita ka ayojan		<p>The National Service Scheme is an Indian government sector public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969.</p>
17	27-09-22	35	Vaccination		<p>COVID-19 vaccination helps protect you by creating an antibody response without you having to experience potentially severe illness or post-COVID conditions. Getting sick with COVID-19 can cause severe illness or death, even in children, and we can't reliably predict who will have mild or severe illness.</p>

18	28-09-22	35	Vaccination awareness		<p>On 28th Sep, Vaccination awareness program was conducted in our College. This is very useful for all people because the vaccine is boosted our body resistance which helps to fight against Covid-19.</p>
19	29-09-22	48	Mahila swasthy & shishu poshan ak divsiy shivir		<p>In India, improving women's access to healthcare is essential for achieving gender equality. It's necessary to take into account the facts; according to the World Economic Forum's 2021 Global Gender Gap Report, India now ranks 140th out of 156 nations in terms of gender disparity.</p>
20	21-10-22	72	Police smriti divas	 	<p>Police Commemoration Day is observed on 21st October every year.</p> <p>This is day is observed as Martyr's Day in all police forces of India</p> <p>The day commemorates the sacrifices of ten policemen who sacrificed their life while defending our state borders with naxalite.</p> <p>In this event we remembered our Police commemorates and we all paid homage to his photos.</p>

21	13-11-22	80	Rastriy akta sptah & bhrshtachar muktbharat par vykhyan		<p>National Unity Day is celebrated in India on 31 October. It was introduced by the Government of India in 2014. The day is celebrated to mark the birth anniversary of Sardar Vallabhbhai Patel who had a major role in the political integration of India.</p>
22	22-02-23	15	Youth jagrukta karykram		<p>Inner development is key for youth to become more aware of themselves and their behaviour's impact on their success. Through self-awareness, young people can learn to control their emotions, better understand their thoughts and motivations, and develop healthier relationships</p>
23	22-02-23	31	Speech competition		<p>On 22th Feb, we organized Speech competition in our College. Which is important for all student. In these interactions benefit students as learners, as they can observe how others approach similar tasks, share ideas, and use their words and actions to motivate and inspire.</p>

