



# Kalyan Post Graduate College

**Bhilai Nagar, District Durg, Chhattisgarh, India**

Affiliated to Hemchand Yadav Vishwavidyalaya, Durg, Chhattisgarh

## **Criterion – 7: Institutional Values and Best Practices**

### **7.1: Institutional Values and Social Responsibilities**

*7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*



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## Best Practices-I

1. Title : Community Connect

2. Objectives :

The College was established in the year 1963 . It was started with the aim of providing higher education to the employees of 'Bhilai Steel Plant'. The college served as a major resource center to provide manpower to Bhilai Steel Plant. The college committed and strongly adheres to their objectives

1. To develop responsible citizens who can be harbingers of change in the society.
2. To sensitizing the students towards the society so as to bring about positive change in the communities and address real life societal challenges.
3. To enable the effective contribution of students towards sustainable development by inculcation of skills for transforming life's and communities.
4. To motivate students about civic awareness and developing sustainable partnerships with the wider community so that they can connect their service with their academic experiences and explore their unique roles in the community.
5. To connect with all over community through social awareness programs, Health programs, sport training, philanthropy by staff, Departmental Society activities, Village connect through NCC/NSS, renting college assets for social need/activities etc.

### 3. The Context

- **Community Connect uses experiential learning approach** to help the students gain practical experience as well as increase their sensitivity and maturity towards the larger surrounding society.
- Student development will take place by making them more sensitive to their surrounding society, making them able to take on more responsibility at an earlier age.
- Community Connect also involves **faculty participation**. This is justified by the "**Anaaj daan Yojna**" initiated by the faculty of political science which is open to all who want to do philanthropies.
- Our college has continuously serve patients of blood cancer to improve their health by providing "**Jawara ras (wheat grass juice)**".
- Apart from helping students, we have **adopted a village** every year and work with the community to solve real time issues and to do native practices of agriculture, medicine, social customs, etc.

### 4. The practice

#### ➤ **Benefits given to society via Jawara Ras centre:**

- ✓ The world today is facing new types of diseases. In this connection, Nature is our best friend which can really help the ailing people and those who want rapid health recovery. "**Jawara Ras**" is well known as **Green Blood throughout the world which is consumed for fast health recovery**. Our Institute took initiative to start a centre making available Jawara Ras and sprouted grains to the natives of Bhilai and nearby areas.
- ✓ Jawara Ras and Sprout Centre has been **established in the institute on 25th July 2007 to prevent various diseases through natural therapy**. The aim behind it is to serve the society.
- ✓ **Jawara Ras is rightly said to be Green Blood consuming which good health and immune can be maintained**. It has now been proved that Jawara Ras contains lots of properties in it. It has Vitamin A, B, C, E, Minerals,

Nutrients, Chlorophyll and digestive constituents. All these constituents help to increase the immunity of person. These properties help in prevention and cure of number of diseases and disorder including cardiac diseases and diabetes.

- ✓ 1 Litre of Jawara Ras contains nutrients of 24 Kg of vegetables. The cultivation of wheat and other grains for Jawara Ras is done in the area provided by the Kalyan P.G. College which is also created in the campus.

#### ➤ Sports Training Via Chauhan Cricket Academy

For overall development of students, the college has been taking many initiatives. Sports is very essential for every human life which keep them fit, fine and physical strength. The college has a big and lush green play ground. The area of ground is more than 1 ½ acres.

For providing good coaching in Cricket, the college has signed collaboration with [MOU] Chouhan Academy. This Cricket academy is run by Shri Rajesh Chouhan. He had been the test Cricket player of Indian Cricket Team as well as alumni of this college. The coaching is provided by very good coaches.

There is a fully equipped gymnasium in college campus. It has been furnished and equipped for boys and girls separately. It is the distinctive festive of our college that the equipped gym facilitates the fitness to the students so that the students associated with this academy score good results in every sports competition.

### ➤ Philanthropy by staff :

Various scholarships and schemes have been initiated by the college and by the staff individual to promote education to low economical background and to facilitate meritorious students as well. Scholarships given by the local donors:

- i. **Seth Bakhtawar Singh Balkishan Scholarship**: 6 students in every session
- ii. **Smt Panidevi memorial scholarship**: For one student.
- iii. **Shri I. M. Motwani Memorial Scholarship**: for one student.
- iv. **Smt. Sushila Devi Sharma Memorial Kanya Scholarship**: for needy girl student of science faculty.
- v. **Smt. Laxmi Jaiswal Memorial Scholarship**: for a student of commerce faculty Bachlor level.
- vi. **Shri Fakirchand Savitridevi Agrawal Memorial Scholarship**: For a student of Jornalism and mass communication on the basis of merit and need.
- vii. **Shri Harphoolmal Laxmidevi Agrawal Memorial Scholarship**: for a student of Journalism and mass communication on the basis of merit and need.
- viii. **Smt Nandni Sharma memorial scholarship**: For a student of commerce faculty at merit level.
- ix. **Scholarship given by Dr. M. Kannambal Swami**:
  - (a) Topper of M. A. Prev. English
  - (b) Topper of B.A., B.Com., and B.Sc. in English Language
- x. **Late T. S. Thakur Memorial Scholarship** for scoring maximum marks in every Post Graduate (Prev.) classes.

### ➤ **Departmental Society:**

All PG departments have departmental society who is responsible for extension activities of the department. These societies run by the PG students on the patronage of Principal and Head of the concerning department. One of objectives of the societies is to connect and engage with the community to share and develop their knowledge, awareness and skills.

### ➤ **Anaaj Daan Yojna**

Anaaj Daan Yojna run by the department of political society. This Yojna was started in the year 2020. In this scheme, Rice, wheat and other kind of cereal are donated by the staff of the college and are distributed to needy people. This scheme was very helpful to the people whose home and all the basic needs were spoiled in the fire. As well during covid-19 lockdown many people were benefited by the scheme. This scheme is directly connected to the community and trying to fulfilled their basic needs.

### ➤ **Village Connect through NCC/NSS**

NCC and NSS unit of the college is committed to direct connect with village and in this direction every year various camp and awareness programs have been organized where participation of village people ensures the fulfillment of the objectives. It may in the form of health awareness, free health checkup, blood group test, blood donation camp, cleanliness in public places, literacy awareness, connects with cultural events, local sports, rally, festival celebration, plantation, water conservation awareness programs etc.

## 5. Evidence of Success

### ✓ Jawara Ras centre:

The Jawara Ras and Sprout Centre has proved to be comprehensively successful. The objective and target of the centre has been largely achieved and evidence may be found in the registered being maintained by the centre. The centre provides service to minimum 20 to 25 people daily and hence has been beneficial and helpful to people to maintain a healthy and fit life style. It is well known that 'Health is Wealth', so keeping this view, the centre has been playing significant role in the lives of its beneficiaries. It has proved to be exercisable in other institutes also.

### ✓ Chauhan Cricket Academy:

- It is proud to mention that in Chhattisgarh State Cricket Team under 19 and senior, half of the player in any format is from Kalyan College.
- The cricket team of Kalyan P.G. College has been winner for many years in inter college tournament in Cricket and it has been the Champion for many years.
- Cricket coaching is provided by Shri Rajesh Chouhan Cricket Academy and coaches of Chhattisgarh state cricket Sangh (CSCS). Training is provided daily.
- The renowned visitors in college under this academy are Shri Anil Kumble, Shri Zaheer Khan, Shri Salil Ankola, Shri Vinod Kambli, Shri Mohd. Kaif.
- Not only this, in Indian Cricket Tournament National level, the players of Kalyan College Participated in Dilip Trophy, Deodher Trophy, Irani Trophy and Viji Trophy.

## ✓ Departmental Society

- a) **Botanical Society**: Creative Art and Craft workshop and Exhibition organized by the Botanical Society, Department of Botany since three years. This workshop and Exhibition results to make best from west as well its open startup option. The society also provides food exhibition plate-form where students can present their cooking skills and connect with different community by making traditional food.
- b) **Political Science Society**: Department of political science practices various social services that direct connected to the society. Various Social Awareness programs has been organized by the society.
- c) **Commerce society** : Department of commerce form commerce society every year with the objective of engage students to bring their skills and commercial knowledge to connect local venders as well make them capable to open their startup. In this direction commerce society has organized various lecture sessions, workshop and seminars.
- d) **Department of Education**: Students from this department has doing lots of work to the community connects. By the field work they direct connect to community, involve them in the various awareness programs. Students participate in various cultural and social events.
- e) All other departmental societies working with the policy which connect community in a direct or indirect manner.

## 6. Problems encountered and resources required

Infrastructure augmentation is required for Jawara Ras centre to add more people in this centre. The fund of the centre, sometimes is not able to cater the need of people. Financial support required for promotion of departmental society activities and cricket academy.



## **BEST PRACTICE - II**

### **1. Title of the Practice**

**JAWARA RAS AND SPROUT CENTRE**

### **2. Objectives of the Practice**

- It is well known that Health is Wealth. The world today is facing new types of diseases. Each day is a new challenge for the physicians and patients to recover health in all respects.
- In this connection, Nature is our best friend which can really help the ailing people and those who want rapid health recovery.
- Jawara Ras is well known as Green Blood throughout the world which is consumed for fast health recovery.
- It is also helpful in maintaining good health and strong immune.
- The objective of this practice is to prevent various diseases through natural therapy.

### **3. The Context**

- The world encounters new types of diseases from time to time. It is not easy to make and maintain good health.
- There are people who like to take help of natural sources to maintain good health.
- Jawara Ras is one of these sources and keeping this in view, Jawara Ras and Sprout Centre has been established in the institute.

#### 4. The Practice

- Jawara Ras and Sprout Centre has been established in the institute on 25th July 2007 to prevent various diseases through natural therapy.
- The aim behind it is to serve the society. Jawara Ras is rightly said to be Green Blood consuming which good health and immune can be maintained.
- It has now been proved that Jawara Ras contains lots of properties in it. It has Vitamin A, B, C, E, Minerals, Nutrients, Chlorophyll and digestive constituents. All these constituents help to increase the immunity of person.
- These properties help in prevention and cure of number of diseases and disorder including cardiac diseases and diabetes.
- 1 Litre of Jawara Ras contains nutrients of 24 Kg of vegetables. Thus keeping in view the benefits of Jawara Ras and sprouted grains, Kalyan P.G. College took initiative to start a centre making available Jawara Ras and sprouted grains to the natives of Bhilai and nearby areas.
- The cultivation of wheat and other grains for Jawara Ras is done in the area provided by the Kalyan P.G. College which is also created in the campus. After all a healthy mind lives in a healthy body.

#### 5. Evidence of Success

- The Jawara Ras and Sprout Centre have proved to be comprehensively successful.
- The objective and target of the centre has been largely achieved and evidence may be found in the registered being maintained by the centre.
- The centre provides service to minimum 20 to 25 people daily and hence has been beneficial and helpful to people to maintain a healthy and fit life style.
- It is well known that 'Health is Wealth', so keeping this view, the centre has been playing significant role in the lives of its beneficiaries.
- It has proved to be exercisable in other institutes also. The centre also creates employment as 3-4 people working to maintain it successfully.

#### 6. Problems Encountered and Resources Required

Infrastructure augmentation is required.