



# Kalyan Post Graduate College

Bhilai Nagar, District Durg, Chhattisgarh, India

Affiliated to Hemchand Yadav Vishwavidyalaya, Durg, Chhattisgarh

## Criterion – 7: Institutional Values and Best Practices

### 7.1: Institutional Values and Social Responsibilities

*7.2.1 - Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual*



**Submitted to National Assessment and Accreditation Council**

**2020 – 2021**

# **BEST PRACTICE - I**

## **1. Title of the Practice**

### **SADASYA SAHAYATA YOJNA**

## **2. Objectives of the Practice**

The objective of this practice is to serve the community without any discrimination by helping every member associated to the Yojna who are in any sort of financial need. The Yojna aims at uplifting the life standard of the members. This is done by providing financial help to them so that they can render quality higher education to their children, to meet casual expenses, medical treatment of family members, and renovation of house, purchase of land, agricultural reason, and marriage of the member and to raise their social reputation.

## **3. The Context**

The employees of the institute face financial problems from time to time. They are unsure about meeting the daily or casual needs of the household. On the other hand, they are reluctant to borrow money from bank in form of loan or from moneylenders. Hence there was need to establish such a benevolent scheme which could help its members at the time of dire need and urgency.

## **4. The Practice**

Sadasya Sahayata Yojna was started in the year 1980 with the main objective of the welfare of the members of the college and to serve the humanity without any discrimination, to help members who are in financial need. The members include teaching, non-teaching staff and members of management. The expenditure regarding this plan is supported by members and no other body is involved. This has been inspirational for nation as well as for entire Chhattisgarh. At present, there are 181 members in which 49 members are employees of the college. There are 19 members from Chhattisgarh Kalyan Samiti, 27 members from Aheri Education College and 86 other members. At present the amount for this purpose has reached almost Rs. 13,38,631=00. The members obtain loan from the Yojna @ 1% interest. This has proved to be beneficial for members and save them from financial loss. Thus the members who are in dire and urgent need of financial help get benefitted by the Yojna.

## **5. Evidence of Success**

The Yojna has proved to be comprehensively successful. The objective and target of the Yojna has been largely achieved and evidence may be found in the number of members of the Yojna and their family members involved in it. There are 181 members in which only 49 members are employees of the college. There are 19 members from Chhattisgarh Kalyan Samiti, 27 members from Aheri Education College and 86 other members. The number of members of the Yojna is increasing every year. This is clearly evident that the Yojna has played an important role in the life of the members of the Yojna regarding their financial needs and by catering this need; it has proved to be exercisable in other institutes also.

## **6. Problems Encountered and Resources Required**

The fund of the Yojna, sometimes, is not able to cater the need of more than two or three members at a time. This is a major problem before the Yojna.

### **BEST PRACTICE - II**

#### **1. Title of the Practice**

##### **JAWARA RAS AND SPROUT CENTRE**

#### **2. Objectives of the Practice**

It is well known that Health is Wealth. The world today is facing new types of diseases. Each day is a new challenge for the physicians and patients to recover health in all respects. In this connection, Nature is our best friend which can really help the ailing people and those who want rapid health recovery. Jawara Ras is well known as Green Blood throughout the world which is consumed for fast health recovery. It is also helpful in maintaining good health and strong immune. The objective of this practice is to prevent various diseases through natural therapy.

#### **3. The Context**

The world encounters new types of diseases from time to time. It is not easy to make and maintain good health. There are people who like to take help of natural sources to maintain good health. Jawara Ras is one of these sources and keeping this in view, Jawara Ras and Sprout Centre has been established in the institute.

#### **4. The Practice**

Jawara Ras and Sprout Centre has been established in the institute on 25th July 2007 to prevent various diseases through natural therapy. The aim behind it is to serve the society. Jawara Ras is rightly said to be Green Blood consuming which good health and immune can be maintained. It has now been proved that Jawara Ras contains lots of properties in it. It has Vitamin A, B, C, E, Minerals, Nutrients, Chlorophyll and digestive constituents. All these constituents help to increase the immunity of person. These properties help in prevention and cure of number of diseases and disorder including cardiac diseases and diabetes. 1 Litre of Jawara Ras contains nutrients of 24 Kg of vegetables. Thus keeping in view the benefits of Jawara Ras and sprouted grains, Kalyan P.G. College took initiative to start a centre making available Jawara Ras and sprouted grains to the natives of Bhilai and nearby areas. The cultivation of wheat and other grains for Jawara Ras is done in the area provided by the Kalyan P.G. College which is also created in the campus. After all a healthy mind lives in a healthy body.

#### **5. Evidence of Success**

The Jawara Ras and Sprout Centre has proved to be comprehensively successful. The objective and target of the centre has been largely achieved and evidence may be found in the registered being maintained by the centre. The centre provides service to minimum 20 to 25 people daily

and hence have been beneficial and helpful to people to maintain a healthy and fit life style. It is well known that 'Health is Wealth', so keeping this view, the centre has been playing significant role in the lives of its beneficiaries. It has proved to be exercisable in other institutes also. The centre also creates employment as 3-4 person working to maintain it successfully.

## **6. Problems Encountered and Resources Required**

Infrastructure augmentation is required.



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