



# Kalyan Post Graduate College

**Bhilai Nagar, District Durg, Chhattisgarh, India**

Affiliated to Hemchand Yadav Vishwavidyalaya, Durg, Chhattisgarh

Phone : 0788-2284965 Email : office@kalyanpgcollege.org www : kalyanpgcollege.org

## Criterion – V : Student Support and Progression

*5.1.3 Capacity building and Skill enhancement initiative taken by the Institution include the following :*

- 1. Soft Skill*
- 2. Language and Communication Skill*
- 3. Life Skill (Yoga, Physical Fitness, Health and Hygiene)*
- 4. ICT./Computing Skill.*



**Submitted to National Assessment and Accreditation Council  
2020 – 2021**

**2020-21**

**Soft Skill Development**

**(NCC Boys Wing)**

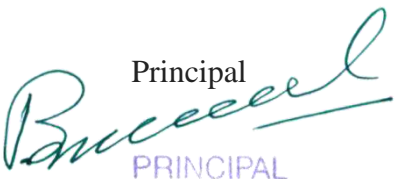
**37 C.G. Battalion**

Day and Date : Sunday, 26 July 2020

Activity : Webinar on development of Patriotism

No. of Beneficiaries : 32

A webinar was organized on 26.07.2020 from 10.00 am to 12.00 noon (90 minutes) to promote the spirit of patriotism among the cadets. This webinar was organized by M.S. team. Under this activity, various stories of patriotism were recited to all NCC cadets and patriotic oath was administered.

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

S. No.	Regimental No.	Name of Cadet
1	CG/18/SD/A/673256	BHUPESH KUMAR
2	CG/18/SD/A/673227	DEVENDRA KUMAR
3	CG/18/SD/A/673235	DEVENDRA RAGHAV
4	CG/18/SD/A/673255	FANENDRA KUMAR
5	CG/18/SD/A/673233	GAURAV
6	CG/18/SD/A/673270	GULSHAN THAKRE
7	CG/18/SD/A/673237	GOVIND
8	CG/18/SD/A/673243	HITESH KUMAR
9	CG/18/SD/A/673259	HUPESH KUMAR
10	CG/18/SD/A/673264	LEMAN LAL
11	CG/18/SD/A/673247	RAJENDRA KUMAR
12	CG/18/SD/A/673219	SHIV SHANKAR MATHO
13	CG/18/SD/A/673242	SHEKHAR
14	CG/19/SD/A/673217	MUKESH TANDAN
15	CG/19/SD/A/673218	SURAJ SONI
16	CG/19/SD/A/673220	VISHAL KUMAR
17	CG/19/SD/A/673221	D CHANDRES
18	CG/19/SD/A/673222	KAMATA PRASAD
19	CG/19/SD/A/673223	KARAN SONI
20	CG/19/SD/A/673224	KOMAL KUMAR
21	CG/19/SD/A/673226	ARMAN ANSARI
22	CG/19/SD/A/673228	SANAT KUMAR THAKUR
23	CG/19/SD/A/673229	GAURAV SINGH
24	CG/19/SD/A/673230	K AJAY RAO
25	CG/19/SD/A/673231	SONU
26	CG/19/SD/A/673232	DURGESH KUMAR SAHU
27	CG/19/SD/A/673234	RAHUL PRAJAPATI
28	CG/19/SD/A/673236	NAROTTAM YADAV
29	CG/19/SD/A/673241	RAMPRAPANN SINGH
30	CG/19/SD/A/673244	DUDHESHWAR JANGHEL
31	CG/19/SD/A/673245	SATISH SINGOUR
32	CG/19/SD/A/673246	RAMHRIDAY SINGH

  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)

**2020-21**

**Soft Skill Development**

**(NCC Boys Wing)**

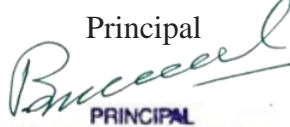
**37 C.G. Battalion**

Day and Date : Saturday, 1 August 2020

Activity : Oath Taking for Atma Nirbhar

No. of Beneficiaries : 12

On August 1, 2020, a swearing-in program was organized for the promotion of "Be Vocal About Local" for Atma Nirbhar. Certificates were given to 12 student soldiers of the college by the Ministry of Electronics and Information Technology, Government of India. Taking oath to "Be Vocal About Local" for Atmanirbhar Bharat, NCC cadets committed themselves and their relatives and friends to use and promote products made in the country. For this, NCC officers and cadets took the oath by visiting the My Government website.

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

S. No.	Regimental No.	Name of Cadet
1.	CG/19/SD/A/673248	NANDKISHOR
2.	CG/19/SD/A/673249	MOHAMMAD AJHRUDDIN
3.	CG/19/SD/A/673250	ADNAN KHAN
4.	CG/19/SD/A/673253	BHUPESH SETH
5.	CG/19/SD/A/673260	GAGAN SAHU
6.	CG/19/SD/A/673265	MANJOT SINGH CHAHAL
7.	CG/19/SD/A/673266	GAIND LAL
8.	CG/19/SD/A/673267	MAHESH KACHLAM
9.	CG/19/SD/A/673268	SUSHIL SINGH
10.	CG/19/SD/A/673269	RAJKUMAR SAW
11.	CG/19/SD/A/673271	VIJAY KUMAR
12.	CG/19/SD/A/673272	MOHIT KUMAR

  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

**2020-21**

**Capacity Building  
(NCC Boys Wing)  
37 C.G. Battalion**

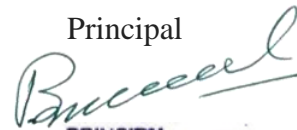
Day and Date : Thursday, 13 August 2020

Activity : Oath Taking for Atma Nirbhar

No. of Beneficiaries : 17

On August 1, 2020, a swearing-in program was organized for the promotion of "Be Vocal About Local" for Atma Nirbhar. Certificates were given to 17 student soldiers of the college by the Ministry of Electronics and Information Technology, Government of India. Taking oath to "Be Vocal About Local" for Atmanirbhar Bharat, NCC cadets committed themselves and their relatives and friends to use and promote products made in the country. For this, NCC officers and cadets took the oath by visiting the My Government website.

Principal



PRINCIPAL

Kalyan Post Graduate College  
Bhilai Nagar (C.G.)





वेबसाइट : 0788-2322506  
e-mail-37cgbnncodurg@gmail.com

37 CG BN बटालियन एन सी आई  
रविशंकर स्टेडियम  
दुर्ग - (झारखण्ड) - 831001

37 बटालियन / 110 / प्रवि / एन सी आई / सामाजिक सेवा

05 अगस्त 2020

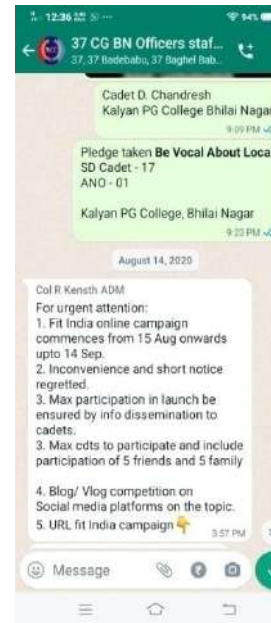
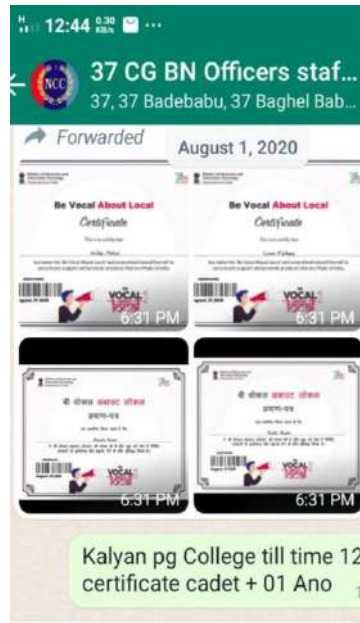
समस्त प्रार्थना

**GUIDELINES FOR CONDUCT OF  
AATMA NIRBHAR BHARAT AWARENESS CAMPAIGN BY NCC CADET  
SOCIAL MEDIA (01-15 AUG 2020)**

- संदर्भ- इस कार्यक्रम का पत्र क्रमांक 37 बटालियन / 110 / प्रवि / एन सी आई / सामाजिक सेवा दिनांक 24 जुलाई 2020 के द्वारा निम्न सामाजिक प्रतिष्ठानों का जवाब उनी एक किली भी प्रतिष्ठान/विद्यालय के द्वारा कार्यक्रम को अग्रप्रा हे जिससे मुख्यतः में जवाब प्रेषित करने में दिक्कत हो रही है-
- विहित हो कि पैरा 2 का बी और सी की जानकारी अधिपत्र कार्यक्रम को प्रेषित करे। जिससे मुख्यतः को सौध जानकारी दिया जा सके।
- पैरा 2 के बी में ब्लग का दो विषयों और ब्लग का एक विषय आत्म निर्भर भारत से संबंधित लोकल पर लोकल का संदेश सोशल मिडिया के द्वारा hash tag # करे जिससे आत्म निर्भर भारत अभियान के प्रचार प्रसार को ज्यादा से ज्यादा बढ़ावा मिल सके।
- पैरा 2 के सी में क्विजों द्वारा ऑनलाइन माध्यम से आत्म निर्भर भारत अभियान का वेबसाइट <https://blog.mygov.in> में मुख्य विद्यमान एवं नीतियों का अधिक से अधिक जन-सामान्य तक पहुंचाया जाय।
- सभी एन सी आई अधिकारी/कॉन्टर टेकर से निवेदन है कि गतिविधियों की जानकारी एवं रिपोर्ट नीचे दिये गये फॉर्मेट में बनाकर ई-मेल/वाटरमार्क के माध्यम से प्रतिदिन की जानकारी भेजे-

Date of Activities	Name of institutions	Total no of Cadets & ANCs Participated	Total No of cadets who have taken pledge on website <a href="https://pledge.mygov.in/">https://pledge.mygov.in/</a> <a href="https://vocalaboutlocal.in/">vocalaboutlocal.in/</a>	Approx. No of Citizens impacted	Activities conducted
--------------------	----------------------	--	---	---------------------------------	----------------------

कमान (ऑफिस)  
कमान अधिकारी / Commanding Officer  
37 CG BN बटालियन एन सी आई, दुर्ग (झ.ख.)  
37 CG Battalion NCC, Durg (C.G.)



*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

S. No.	Regimental No.	Name of Cadet
1.	CG/18/SD/A/673264	LEMAN LAL
2.	CG/18/SD/A/673247	RAJENDRA KUMAR
3.	CG/18/SD/A/673219	SHIV SHANKAR MATHO
4.	CG/18/SD/A/673242	SHEKHAR
5.	CG/19/SD/A/673217	MUKESH TANDAN
6.	CG/19/SD/A/673218	SURAJ SONI
7.	CG/19/SD/A/673220	VISHAL KUMAR
8.	CG/19/SD/A/673221	D CHANDRES
9.	CG/19/SD/A/673222	KAMATA PRASAD
10.	CG/19/SD/A/673223	KARAN SONI
11.	CG/19/SD/A/673224	KOMAL KUMAR
12.	CG/19/SD/A/673226	ARMAN ANSARI
13.	CG/19/SD/A/673228	SANAT KUMAR THAKUR
14.	CG/19/SD/A/673229	GAURAV SINGH
15.	CG/19/SD/A/673230	K AJAY RAO
16.	CG/19/SD/A/673231	SONU
17.	CG/19/SD/A/673232	DURGESH KUMAR SAHU

  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



# 2020-21

## Soft Skill Development (Department of Physics)

Day and Date : Thursday, 01 October 2020

Activity : Career Guidance

No. of Beneficiaries : 45

Mr. Kshitij Sir has given an important lecture on “Career Guidance” that helped us how to take right decision and how to move forward in our path and to make our future bright . On that day teachers and students of Dept. of physics were present.



Principal  
*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

<b>S. No.</b>	<b>Name of student</b>
1.	Aishwarya
2.	Akansha
3.	Gayatri
4.	keval
5.	Muskaan
6.	Praveen
7.	Divya
8.	Sagar
9.	Samson
10.	Sudhir
11.	Vishal
12.	Yogita
13.	Ankit
14.	Zainuddin
15.	Tileshwar
16.	raju
17.	shubham
18.	Aarti Patel
19.	Archana Verma
20.	Bhoomika
21.	Bhoorashai
22.	Diksha
23.	Devika
24.	Dhaneshwar
25.	Domesh
26.	Ganeshwar
27.	Gitendra
28.	Harish
29.	Indu Gupta
30.	Jyoti Adil
31.	Kanchan Dewangan
32.	Monika Thakur
33.	Nandani
34.	Poonam
35.	Priya
36.	Raniana
37.	Roshni
38.	Satish
39.	Sewant
40.	Shifa
41.	Sneha
42.	Tanuja
43.	Vimal
44.	Visakha
45.	Uma

# 2020-21

## Language and Communication Skill (Department of English)

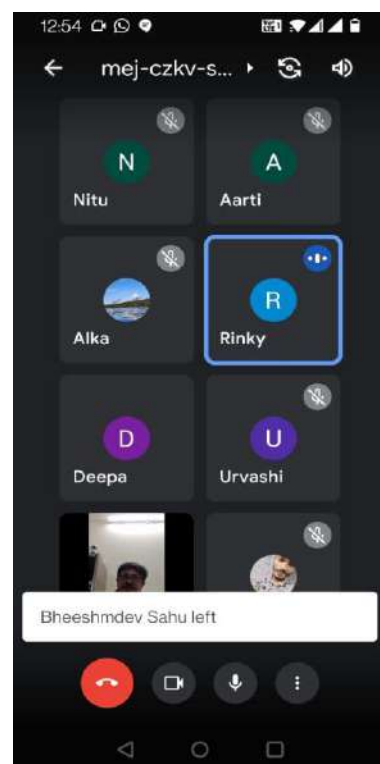
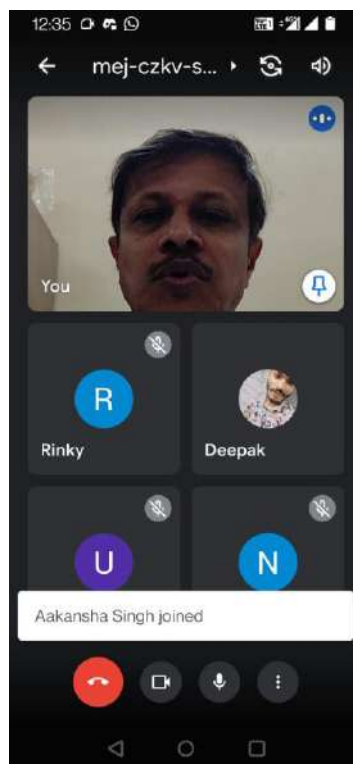
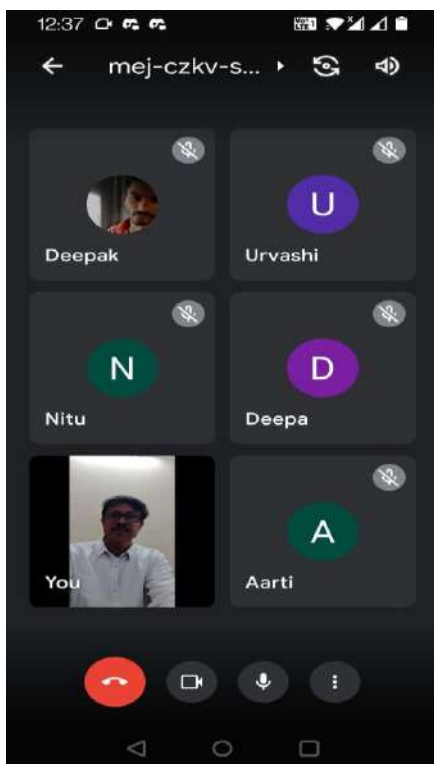
Day and Date : Thursday, 1 Oct. to 15 Oct. 2020

Activity : Language and Communication Skill.

No. of Beneficiaries : 42

A language and communication skill programme was organized by the English department of Kalyan P.G. College to develop language and communication skills. This programme was conducted from 1 October to 15 October 2020. This programme was conducted online through Google Meet. In this programme, information was given regarding the development of different types of language and communication skills. The programme was conducted by Mr. Anurag Pandey Head of the Department of English. About 42 students participated in this program.

  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



S. No.	Name	Class			
1.	Aayushi Satkar	MA. English-III	28.	Dilpreet Kaur	MA. English-II
2.	Anju Kushwaha	MA. English-III	29.	Kriti Singh	MA. English-II
3.	Anjali Paswan	MA. English-III	30.	Kshitij Ku. Gupta	MA. English-II
4.	Anshu Gade	MA. English-III	31.	Kanti Lal Deshmukh	MA. English-II
5.	Devishri Thakur	MA. English-III	32.	Mitashi Chandane	MA. English-II
6.	Digesh Sahu	MA. English-III	33.	Mohit Ku. Sahu	MA. English-II
7.	Geetanjali Sahu	MA. English-III	34.	Nitesh Yadav	MA. English-II
8.	Hemlata	MA. English-III	35.	Nitu Ku. Pandey	MA. English-II
9.	Jyoti Singh	MA. English-III	36.	Rakesh Ku. Yadav	MA. English-II
10.	Lokeshwari Sahu	MA. English-III	37.	Rechal Jyoti	MA. English-II
11.	Neha Baghel	MA. English-III	38.	Rinky Soni	MA. English-II
12.	Rashmi Sahu	MA. English-III	39.	Toman Lal Sahu	MA. English-II
13.	Sushmita Pradhan	MA. English-III	40.	Urvashi Sahu	MA. English-II
14.	Swati Singh	MA. English-III	41.	Dolly Sahu	MA. English-II
15.	Urvashi	MA. English-III	42.	Madhavi	MA. English-II
16.	Vaman Kumar	MA. English-III			
17.	Vijay Kumar Banothe	MA. English-III			
18.	Yamini	MA. English-III			
19.	Yogita Sahu	MA. English-III			
20.	Aarti Yadav	MA. English-II			
21.	Akansha Singh	MA. English-II			
22.	Alka Barle	MA. English-II			
23.	Ayushi Das	MA. English-II			
24.	Biswajit	MA. English-II			
25.	Bhishmadev Sahu	MA. English-II			
26.	Deepa Barik	MA. English-II			
27.	Deepak Ku. Chouhan	MA. English-II			

  
**PRINCIPAL**  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)

# 2020-21

## **Life Skill (Yoga, Physical Fitness, Health and Hygiene) (Department of Mathematics)**

Day and Date : Sunday, 21 June 2021


Activity : Yoga and meditation.

No. of Beneficiaries : 18

On June 21, 2021, Yoga Day was organized under the aegis of Mathematics Department. This event was organized under the presence of Head of the Department and Principal Prof. Y.P. Patel. All the professors and students of the department participated in this program through online Google Meet link. Prof. Y.P. Patel threw light on the topic of healthy body and healthy mind.

### **S. No. Name of Students**

1. Achala Gupta
2. Aditi Sahu
3. Anamika Das
4. Arun Verma
5. Avani Bishwas
6. Bhawna Rai
7. Bhawna Verma
8. Deju Sahu
9. Dharini
10. Ganaraj Sahu
11. Gopal Sahu
12. Khushboo Mishra
13. Khushboo
14. Manish Nayak
15. Manish Karwade
16. Nandini Sahu
17. Nikita Sinha
18. Panna Lal

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

**2020-21**

**Life Skill (Yoga, Physical Fitness, Health and Hygiene)**

**(NCC Boys Wing)**


**37 C.G. Battalion**

Day and Date : Monday, 21 June 2021

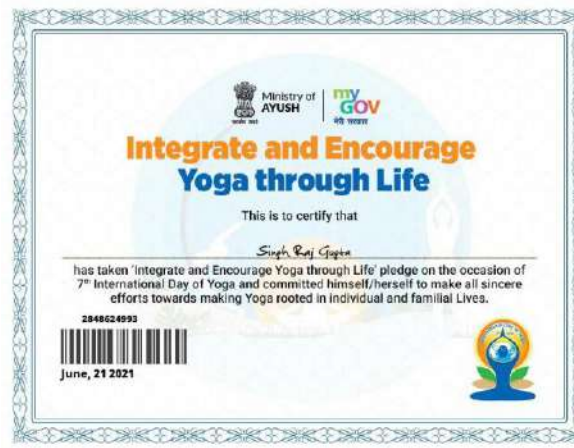
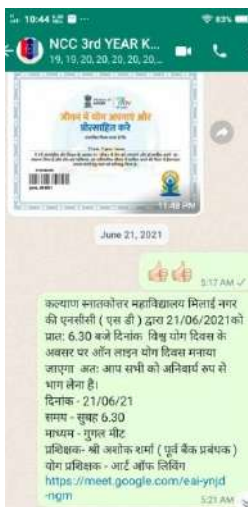
Activity : Yoga at Home

No. of Beneficiaries : 43

NCC cadets celebrated the seventh International Yoga Day today under the instructions of Commanding Officer of 37 Chhattisgarh Battalion NCC Col. Hemant Dubey and Adm. Lt. Col. R. Madhavan and with the inspiration of Kalyan Post Graduate College Principal Dr. RK Sahu. On this occasion, former manager of Durg District Civil Cooperative Bank and yoga instructor of Art of Living, CMA Mr. Ashok Sharma explained the importance of International Yoga Day to the student soldiers to stay physically and mentally healthy in life through exercise, asana, pranayama, meditation.

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)





*Brucecel*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



*Praveesh*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



S. No.	Regimental No.	Name of Cadet
1	CG/18/SD/A/673256	BHUPESH KUMAR
2	CG/18/SD/A/673227	DEVENDRA KUMAR
3	CG/18/SD/A/673235	DEVENDRA RAGHAV
4	CG/18/SD/A/673255	FANENDRA KUMAR
5	CG/18/SD/A/673233	GAURAV
6	CG/18/SD/A/673270	GULSHAN THAKRE
7	CG/18/SD/A/673237	GOVIND
8	CG/18/SD/A/673243	HITESH KUMAR
9	CG/18/SD/A/673259	HUPESH KUMAR
10	CG/18/SD/A/673264	LEMAN LAL
11	CG/18/SD/A/673247	RAJENDRA KUMAR
12	CG/18/SD/A/673219	SHIV SHANKAR MATHO
13	CG/18/SD/A/673242	SHEKHAR
14	CG/19/SD/A/673217	MUKESH TANDAN
15	CG/19/SD/A/673218	SURAJ SONI
16	CG/19/SD/A/673220	VISHAL KUMAR
17	CG/19/SD/A/673221	D CHANDRES
18	CG/19/SD/A/673222	KAMATA PRASAD
19	CG/19/SD/A/673223	KARAN SONI
20	CG/19/SD/A/673224	KOMAL KUMAR
21	CG/19/SD/A/673226	ARMAN ANSARI
22	CG/19/SD/A/673228	SANAT KUMAR THAKUR
23	CG/19/SD/A/673229	GAURAV SINGH
24	CG/19/SD/A/673230	K AJAY RAO
25	CG/19/SD/A/673231	SONU
26	CG/19/SD/A/673232	DURGESH KUMAR SAHU
27	CG/19/SD/A/673234	RAHUL PRAJAPATI
28	CG/19/SD/A/673236	NAROTTAM YADAV
29	CG/19/SD/A/673241	RAMPRAPANN SINGH
30	CG/19/SD/A/673244	DUDHESHWAR JANGHEL
31	CG/19/SD/A/673245	SATISH SINGOUR
32	CG/19/SD/A/673246	RAMHRIDAY SINGH
33	CG/19/SD/A/673248	NANDKISHOR
34	CG/19/SD/A/673249	MOHAMMAD AJHRUDDIN
35	CG/19/SD/A/673250	ADNAN KHAN
36	CG/19/SD/A/673253	BHUPESH SETH
37	CG/19/SD/A/673260	GAGAN SAHU
38	CG/19/SD/A/673265	MANJOT SINGH CHAHAL
39	CG/19/SD/A/673266	GAIND LAL
40	CG/19/SD/A/673267	MAHESH KACHLAM
41	CG/19/SD/A/673268	SUSHIL SINGH
42	CG/19/SD/A/673269	RAJKUMAR SAW
43	CG/19/SD/A/673271	VIJAY KUMAR

  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)

# 2020-21

## Life Skill (Yoga, Physical Fitness, Health and Hygiene)

### (Department of Zoology)

Day and Date : Friday, 17 July 2020

Activity : National Webinar on Covid-19 : Mental Health-Consequences and Implications

No. of Beneficiaries : 192

Most Organisations are now adopting new technology. Today work from home is at its peak. Students are becoming aware of latest technology. Coronavirus Pandemic has its immense effect throughout the world. Everybody is moving to virtual space. Most Businesses have now moved online. Everyone is working from home. We have hibernated into digital space.

Though we are having the technology but these pandemic surely put us all into new platform, and obviously this crises has accelerated the use of technology. But still the question arises “Does India have the required internet penetration to account for its immense digital poverty”. And here we need to guide Institution faculty and students to repurpose existing e-content for their curriculum.

- No. of registrations- 262.
- No. of Participates- 69 Joined on Google meet

1. You tube link- live stream- <https://youtu.be/S-snQrrTGbk>
2. Google meet link- <https://forms.gle/ECLvwru1XRL5AazU8>
3. Whatsapp link-1. <https://chat.whatsapp.com/DYNf02orr6U74lhqYmY38g>
2. <https://chat.whatsapp.com/CdWlvH5JfZC6IV45FIU6CU>
4. Feedback link; [https://docs.google.com/forms/d/e/1FAIpQLScrKCeONSIMw8KU-3nozDCVRVOyZ-tZgS9kov17jXNpVDexxQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLScrKCeONSIMw8KU-3nozDCVRVOyZ-tZgS9kov17jXNpVDexxQ/viewform?usp=sf_link)
5. Registration Link  
[https://docs.google.com/forms/d/e/1FAIpQLSdbYNCgk779TuOhoPkW8du4apAZCrSroj60wVysNqj2nqFZUA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdbYNCgk779TuOhoPkW8du4apAZCrSroj60wVysNqj2nqFZUA/viewform?usp=sf_link)

**NATIONAL WEBINAR ON "Covid-19: Mental Health-consequences And Implications"**  
KALYAN POST GRADUATE COLLEGE BHILAI NAGAR, DURG, CHHATTISGARH, INDIA

DATE OF WEBINAR: 17<sup>TH</sup> JULY 2020  
TIME-11.00AM

FREE ONLINE REGISTRATION-CERTIFICATE FOR ALL PARTICIPANTS

ORGANIZED BY DEPARTMENT OF ZOOLOGY AND IQAC

CHIEF GUEST	PATRON	SPEAKERS			
 Shri. R.K. YADAV Chairman, Chhattisgarh, Kalyan Samiti	 Dr. R.K SAHU WELCOME & CONTENT SETTING Principal, Kalyan Post Graduate College, Bhilai Nagar, C.G	 Prof. Kanhaiya Ahuja School of Economics, Devi Ahilya University, Indore.	 Dr. Mala Chaudary M.B.B.S, DNB (Paediatrics), Department of Paediatrics, J.L.N. Hospital & Research	 Dr. Manjari Dixit M.B.B.S., P.M,D.N.B.(Psychiatry) B.J GOVT. Medical College, PUNE.	 Mrs. Sonali Paranjpe Yoga therapy & Naturopathy, Yoga Vidya Niketan, Navi Mumbai
 Prof. Y.P. PATEL CONVENER HEAD, DEPT. OF PHYSICS & ELECTRONICS	 Dr. R.P. AGARWAL CONVENER Head, Department of commerce	 Dr. PUSHPALATA CO-CONVENER IQAC COORDINATOR	 Dr. SHIPRA SINHA Organizing Secretary Head, Dept. Of Zoology	<b>ORGANIZING COMMITTEE</b> 1. DR. HEELAM SHINHA 2. DR.SAURVYA KHARE 3. MRS. PRANALI HATWAR 4. DR.GURINWANT CHANDOL 5. MR.PANKAJ JAIN 6. MRS. NUSRAT KHAN 7. MRS. ANHILA SATISH 8. DR. KHILASHWAR PANKARA 9. DR. RUPALI TIWARI	<b>TECHNICAL COMMITTEE</b> Mr. GAJENDRA YADAV Mr. RISHABH CHAUHAN

**EVENT ORGANIZER**  
**MR. PRASHANT PAUL**  
9340932864  
pashantpaul05@gmail.com

<b>INAUGURAL SESSION</b>	
11.00 AM TO 11.05AM INTRODUCTION ABOUT WEBINAR	DR. SHIPRA SINHA ORGANISING SECRETARY
11.05 AM TO 11.15AM WELCOME SPEECH	DR. R.K SAHU PRINCIPAL, KALYAN POST GRADUATE COLLEGE, BHILAI, C.G
11.15 AM TO 11.20AM PROFILE OF CHIEF GUEST	DR. R.P AGARAWAL HEAD, DEPT. OF COMMERCE & FACULTY INCHARGE COMMERCE KALYAN PG COLLEGE, BHILAI
11.20 AM TO 11.30AM INAUGURAL ADDRESS BY CHIEF GUEST	SHRI R.K YADAV CHAIRMAN CHHATTISGARH, KALYAN SAMITI, DURG, C.G,
<b>TECHNICAL SESSION</b> ( COVID-19: MENTAL HEALTH: CONSEQUENSES AND IMPLICATION)	
11.30AM TO 11.35AM INTRODUCTION TO TECHNICAL SESSION	PROF. Y.P PATEL VICE PRINCIPAL HEAD, DEPT. OF PHYSICS AND ELECTRONICS (SCIENCE FACULTY IN CHARGE)
11.35AM TO 12.05PM (ECONOMIC ASPECTS)	PROF. KANHAIYA AHUJA PROF. OF ECONOMICS SCHOOL OF ECONOMICS DEVI AHILYA UNIVERSITY, INDORE.
12.10 PM TO 12.35 PM HOW DO KIDS COPE UP?	DR. MALA CHAUDHARY M.B.B.S, DNB (PAEDIATRICS) DEPT. OF PEDIATRICS, J.L.N. HOSPITAL AND RESEARCH, SECTOR-9, BHILAI, C.G
12.40PM TO 1.05PM (PSYCOLOGICAL ASPECTS)	DR. MANJIRI DIXIT M.B.B.S, D.P.M, D.N.B(Psychiatry), DEENANATH MANGESHKAR HOSPITAL PUNE.
1.10PM TO 1.30PM (YOGA THERAPY FOR STRESS CONTROL)	MRS. SONALI PARANJPE YOGA THERAPY AND NATUROPATHY YOGA VIDHYA NIKETAN NAVI MUMBAL.
1.30PM TO 1.40PM	QUERIES AND DISCUSSION
1.40PM TO 1.50PM CLOSING REMARKS AND VOTE OF THANKS	DR. PUSHPLATA SHARMA IQAC COORDINATOR KALYAN POST GRADUATE COLLEGE, BHILAI, C.G

  
**PRINCIPAL**  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)

FULL NAME
Dr.Shipra Sinha
Anindita Roy
MS. SONALI PUTATUNDA
Dr. Shrutimala Goswami
Dr. Gunjan Dhar
DEBAJYOTI BISWAS
Rishabh Chauhan
Dr R Ranjani
MADURI SHIVA KUMAR
Ms.Shakuntala Jalkare
Nitasha Choudhary
Bhavesh
SUNITA NAYAK ASATI
Toman lal
Dr Mrs Ambuj pandey
E.SREE VAISNAVA DEVI
Renu Kujur
Dr S Deepa
Dr. NEERAJ SHARMA
Shristi Panigrahi
Devnarayan Patel
Mr.suryakant verma
Bharat Ram Sivare
Pragya Nigam
Priyanka Das
Susmita bhoi
Ankita Paul
Rajni Singh
KAPIL KAUSHIK
Satish kumar Gota
Preeti Gupta
Shagufta anjum
Prerna shukla
Uma Sen
Dr Bhawana Pandey
DR. ARTI DIWAN
Dr K Padmawati
Dr. Ramprakash verma
Dr. Deepali Sharma
Suneeta

FULL NAME
SWETA WILLIAM PARMAR
Sneha Mandal
BASUDEV RANA
Dharmendra Netam
Dr.Lata Meshram
SWATI TIWARI
Smt. JUHI PETER
AADIL NAZIR KHAN
Beena Jose
Rabia Nabi
Iram wahid
Dr. VIBHA GOYAL
Ranjana soni
Girish Singh
Santosh Kumar Patre
OWAIS IBIN HASSAN
AARZOO BASHIR LONE
PRAMOD KUMAR CHAK
Dr. Preeti Mishra
Dr Meena Pinjani
Reena Parihar
MD SAHIL
UPENDRA KUMAR VERMA
Gulshan Kumar
Mrs. POONAM PANIGRAHI
Nirmala sahu
Dr.Pooja
Divya
THONDRAL NAYAGI.A
Prabha Raj
Ketan singh
Kirti singh bargah
DR. PUSHPA MINJ
RUPALI TIWARI
Shefali Tiwari
Vibha sinha
Mitali Tiwari
POSHAN LAL
M.P.SREEDHARA PATNAIK
Anju
GAURAV KUMAR



Lukeshwari patel
Rajan Kumar Singh
Manish kumar soni
Dr Sarita Joshi
Poushmimala sahu
Pragya Singh
Poonam Dewangan
Dr. PUSHPA SHARMA
CHETNA SHARMA
Devsharan
MAHESH SHARMA
Sandeep Kumar
Kritika Talwar
Anuradha Pandey
Dr BAHURAN SINGH PATEL
Dr Bhuneshwari Dash
REETA PANDEY
Sadhana Gangber
Dr Mrs Veenapani Dubey
SUBHASH CHANDER
Dr. Mothuku Srinivas
Mrs.K.L.L.Lavanya
Akhilesh Kumar Mishra
Dr.Hema Kulkarni
Neelima sahu
Dr.V.Nagalakshmi
PAINAM RANJITH KUMAR
K. Harsha vardhana reddy
Gajendra kumar yadav
SUNIL KUMAR NAGPURE
Kusumlata mandle
Akshita singh
Priyanka Tiwari
MD DAUD HOSSAIN
poonam purohit
Prof. Pavan Kulkarni
Abhishek Sharma
Poonam bhuwal
DR PRITI TIWARI
Dr.Rajesh Kumar Shukla
DR BRAJESH KUMAR TIWARI

Deependra kumar
Durgesh Kumar Kotangle
Sarika Trivedi
Dr.Divya.S Rajan
Dr.Meenakshi Agarwal
Shilpa Tandon
Amita verma
Laleeta
Rekhram sahu
Apoorva Sharma
Padmani Sinha
Kaushal Kumar Pathak
Dr. Onkar Prasad Chandra
Dr. Subodh Kumar Dwivedi
MOUMITA DASGUPTA
PUNEET GOYAL
Dr. Anil kumar mishra
Kavita sahu
SREE LAKSHMI MANELI
Surabhi roy
Dr. Vibha Pandey
Nisha Shrivastava
Priya Shrivastava
Dr. Sunita G Rao
Nemichand
Dukeshwar sahu
Hemlata Nayak
DR. VISHWAPRAKASH ROY
Manmita Singh Rajput
MANJULA RAJPUT
Monika Singh Rajput
Mr. Harshal Shantanu Bhole
Ritu
PRAMESH PAUL
Tameshwar sahu
Isha Sahu
RENUKA SAHU
Krishna Patel
Sonia Israni
Dr.Rajshree Chandrakar
K.R.KANNAN
P.Revathi

Dr. Sanju Singh
RISHI PATEL
Dr.S.KAVITHA
Dr.J.MANIKANDAN
Gorrela Divya
Mrs Jyoti bala Choubey
Lokesh Das
Prof. Kishor Sheshrao Chaure
Mrs. Rita Lakra
SIVAKUMAR R D
Dr.Geeta Dahiya
Brindha S
PRASHANT MUNDEJA
Kailas Waman Shinde
SRIVASTAVA.PRATIMA KUMARI
Dr Raghunath prasad Agrawal
Ganesh Appaso Rendale
Yaser Qureshi
Dr. Rashmi Zankyani Rajwani
Suchi Thakur
Vishakha
Patil Vasanti Laxman
Ankita Pradhan
Gayatri
KIRAN LATA DAMLE
Archana Tripathi
Rajkumari patel
Sandeep Rout
Chamru ram jain
Tania Chaudhuri
GYANA RANJAN SAHOO
Dr. SHAIKH HUSAIN MAINODDIN
sunita Dewangan
Dr Saman Siddiqui
Dr Usha Shukla
Bhawana kshatriya
Ms. JAYASHREE PRASAD
YASHWANT KUMAR
BIDWAN RANJAN SAHOO
Anchal Arpita Gochhayat
Dr. Jyoti Pandey

Dr. Raju Mahobia
KALYANI PRADHAN
REKHA NAMDEO
Umashankar patel
Dr NEELAM SHUKLA
Geetanjali
Priya Dehari
Dr. Nipul Sutradhar
Dr. Touseef Hussain Trak
Dr. Nisreen Husain
Dr Sanjeev Ratan Gupta
Dr.Hemwati Thakur
Subhankar Purohit
S.VIJAY
Dr.Shipra Sinha
Dr. Sanjay Kumar
Rashmi Rekha Behera
Debolina Banerjee
Mrs. Charushri Sharma
DINESH KUMAR SONI
Dr. N.Baby
Yasmin Hussain
DINESH BALA
Dharmendra kumar
Anita Kothari
Dr. Nishi Sharma
N. BERJIN BEAULA
Mr. Rajesh Kumar Sahoo
AMIT KUMAR CHATURWEDI
AJAY KUMAR PRUSTY
Dr Madhuri Chaturwedi
SWARUP RANJAN BARIK
Madhusmita Patra
Dr. Keerti Singh
Gautam Kumar Gupta
M.Guna Sorna Lakshmi
Chinmayee Patra

  
Principal  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

**2020-21**

**Life Skill (Yoga, Physical Fitness, Health and Hygiene)**

**(NCC Boys Wing)**


**37 C.G. Battalion**

Day and Date : Saturday, 22 August to Wednesday, 14 October 2020

Activity : Online Fit India Campaign

No. of Beneficiaries : 27

The NCC cadets of Kalyan Post Graduate College, Bhilai Nagar did yoga, asanas and physical exercises daily from August 22 to October 14 (the deadline of September 14 was extended) under the online Fit India campaign. Cadets also added more than five friends and families to this campaign. In this campaign which lasted for more than fifty days, NCC student connected all the residents of their village and locality and conveyed a positive message of staying healthy. A total of 27 cadets participated in this campaign.

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

S. No.	Regimental No.	Name of Cadet
1.	CG/18/SD/A/673270	GULSHAN THAKRE
2.	CG/18/SD/A/673237	GOVIND
3.	CG/18/SD/A/673243	HITESH KUMAR
4.	CG/18/SD/A/673259	HUPESH KUMAR
5.	CG/18/SD/A/673264	LEMAN LAL
6.	CG/18/SD/A/673247	RAJENDRA KUMAR
7.	CG/18/SD/A/673219	SHIV SHANKAR MATHO
8.	CG/18/SD/A/673242	SHEKHAR
9.	CG/19/SD/A/673217	MUKESH TANDAN
10.	CG/19/SD/A/673218	SURAJ SONI
11.	CG/19/SD/A/673220	VISHAL KUMAR
12.	CG/19/SD/A/673221	D CHANDRES
13.	CG/19/SD/A/673222	KAMATA PRASAD
14.	CG/19/SD/A/673223	KARAN SONI
15.	CG/19/SD/A/673224	KOMAL KUMAR
16.	CG/19/SD/A/673226	ARMAN ANSARI
17.	CG/19/SD/A/673228	SANAT KUMAR THAKUR
18.	CG/19/SD/A/673229	GAURAV SINGH
19.	CG/19/SD/A/673230	K AJAY RAO
20.	CG/19/SD/A/673231	SONU
21.	CG/19/SD/A/673232	DURGESH KUMAR SAHU
22.	CG/19/SD/A/673234	RAHUL PRAJAPATI
23.	CG/19/SD/A/673236	NAROTTAM YADAV
24.	CG/19/SD/A/673241	RAMPRAPANN SINGH
25.	CG/19/SD/A/673244	DUDHESHWAR JANGHEL
26.	CG/19/SD/A/673245	SATISH SINGOUR
27.	CG/19/SD/A/673246	RAMHRIDAY SINGH

  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)



*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

**2020-21**

**Life Skill (Yoga, Physical Fitness, Health and Hygiene)**

**(NCC Boys Wing)**

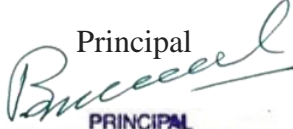
**37 C.G. Battalion**

Day and Date : Saturday, 22 August to Friday, 02 October 2020

Activity : Fit India Freedom Run

No. of Beneficiaries : 32

The NCC cadets of the college actively participated in the Swasth Bharat Abhiyan 'Fit India Campaign' and completed the target of "Fit India Freedom Run" on the prescribed route every day at their convenience. Received certificate from Ministry of Youth Affairs and Sports. For this, 32 cadets of the college gave their active contribution.

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



S. No.	Regimental No.	Name of Cadet
1	CG/18/SD/A/673256	BHUPESH KUMAR
2	CG/18/SD/A/673227	DEVENDRA KUMAR
3	CG/18/SD/A/673235	DEVENDRA RAGHAV
4	CG/18/SD/A/673255	FANENDRA KUMAR
5	CG/18/SD/A/673233	GAURAV
6	CG/18/SD/A/673270	GULSHAN THAKRE
7	CG/18/SD/A/673237	GOVIND
8	CG/18/SD/A/673243	HITESH KUMAR
9	CG/18/SD/A/673259	HUPESH KUMAR
10	CG/18/SD/A/673264	LEMAN LAL
11	CG/18/SD/A/673247	RAJENDRA KUMAR
12	CG/18/SD/A/673219	SHIV SHANKAR MATHO
13	CG/18/SD/A/673242	SHEKHAR
14	CG/19/SD/A/673217	MUKESH TANDAN
15	CG/19/SD/A/673218	SURAJ SONI
16	CG/19/SD/A/673220	VISHAL KUMAR
17	CG/19/SD/A/673221	D CHANDRES
18	CG/19/SD/A/673222	KAMATA PRASAD
19	CG/19/SD/A/673223	KARAN SONI
20	CG/19/SD/A/673224	KOMAL KUMAR
21	CG/19/SD/A/673226	ARMAN ANSARI
22	CG/19/SD/A/673228	SANAT KUMAR THAKUR
23	CG/19/SD/A/673229	GAURAV SINGH
24	CG/19/SD/A/673230	K AJAY RAO
25	CG/19/SD/A/673231	SONU
26	CG/19/SD/A/673232	DURGESH KUMAR SAHU
27	CG/19/SD/A/673234	RAHUL PRAJAPATI
28	CG/19/SD/A/673236	NAROTTAM YADAV
29	CG/19/SD/A/673241	RAMPRAPANN SINGH
30	CG/19/SD/A/673244	DUDHESHWAR JANGHEL
31	CG/19/SD/A/673245	SATISH SINGOUR
32	CG/19/SD/A/673246	RAMHRIDAY SINGH

  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)



Fit India Activeness

Date	Attend	Run	Yoga	Exercisef	medivale
21/9/2020	10	4KM	✓	✓	-
22/9/2020	11	5KM	✓	✓	02
23/9/2020	9	6KM	✓	✓	02
24/9/2020	13	3KM	✓	✓	02
25/9/2020	15	5KM	✓	✓	03
26/9/2020	17	5KM	✓	✓	03
27/9/2020	8	4KM	✓	✓	05
28/9/2020	6	4KM	✓	✓	06
29/9/2020	5	5KM	✓	✓	07
30/9/2020	9	5KM	✓	✓	08
1/10/2020	11	5KM	✓	✓	06

*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

# 2020-21

## Life Skill (Yoga, Physical Fitness, Health and Hygiene)

### (Department of Education)

Day and Date : Sunday, 13 September 2020

Activity : Workshop on Mental health and well being by Dr. Shama Hamdaani, counselor, District mental health clinic, Durg, C.G.

No. of Beneficiaries : 86

On 13 September 2020, a lecture on the subject of mental health was organized through online Google Meet. The keynote speaker in this was Dr. Shama Hamdani.



**Webinar on Suicidal Prevention**  
**Kalyan P. G. College, Bhilai Nagar**

  
**Dr. Shama Hamdani**  
Consultant, Clinical Psychology

  
**Dr. N. Papa Rao**  
counsellor  
Assistant professor  
Kalyan P. G. College

  
**Dr. K. Nagamani**  
Counsellor  
Assistant professor  
Kalyan P. G. College

  
**Dr. R. K. Sahu**  
Principal,  
Kalyan P. G. College

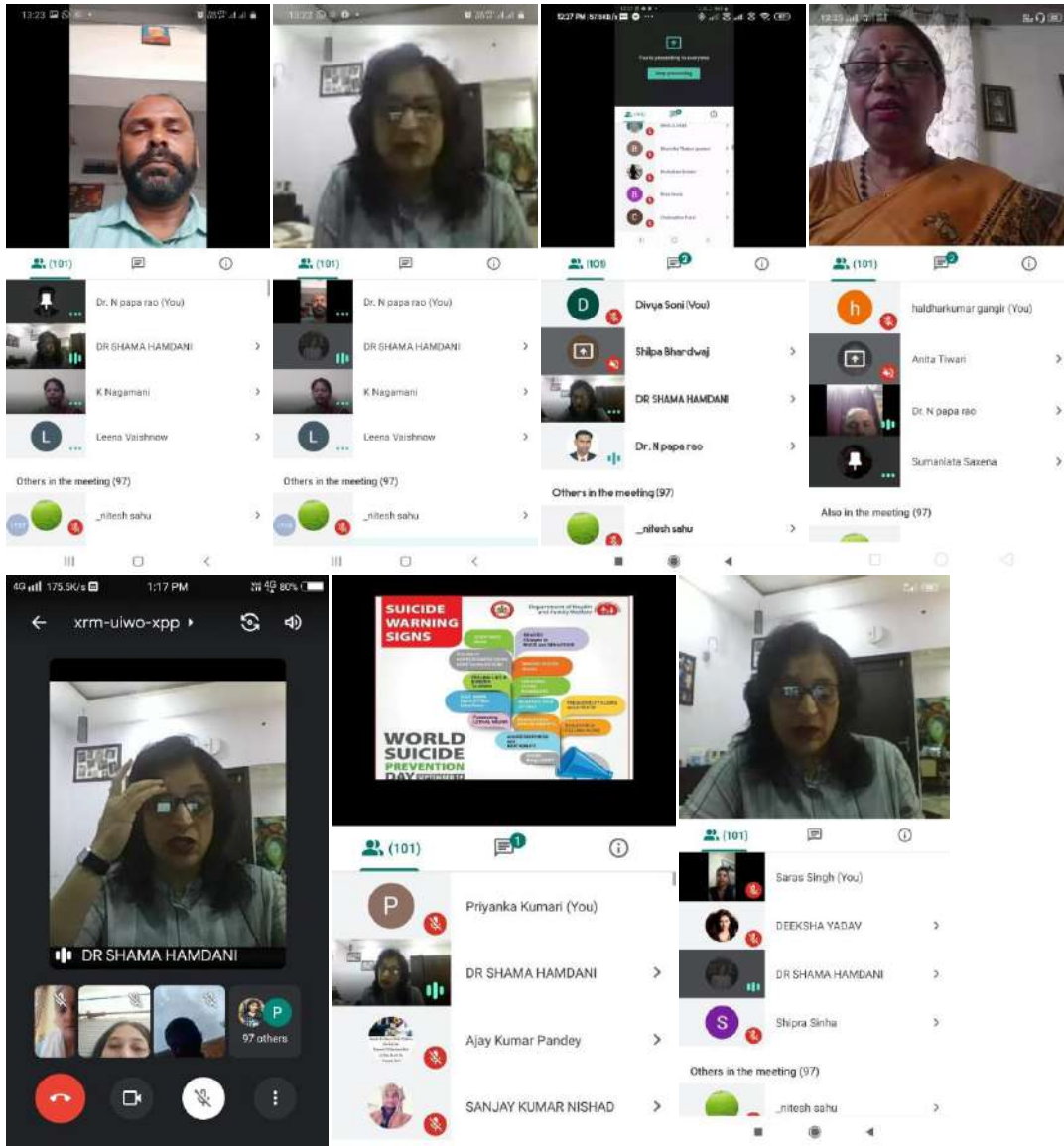
  
**Dr. Suman Lata Saxena**  
H O D, Faculty of Education  
Kalyan P. G. College

<https://meet.google.com/xrm-uiwo-xpp>

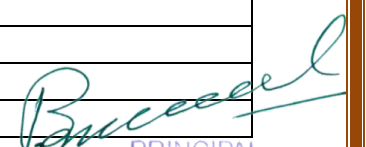
Date - 13.09.2020  
Time - 12.00 pm to 2.00 pm

**Organized by**  
**Mental Health well being Centre, Kalyan P. G. College**  
**District Mental Health Mission, C.G., National Health Mission, C.G.**


  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



S.No.	Name of Participants	S.No.	Name of Participants
1	Pallavi rajak	46	Neelam sahu
2	Preeti varma	47	Seema
3	Chakradhar patel	48	Sushama koushal
4	Kiran bharti	49	Aradhana
5	Abhilasha	50	Gourav kumar
6	Amita khare	51	Ashish yadav
7	Dheeraj meshram	52	Garima gajbhiye
8	Ekta kashyap	53	Lakeshwar verama
9	Govinda ogre	54	Nikita sinha
10	Harshita chandrakar	55	Subhi patel
11	Jaishali dewangan	56	Abhishek sonwani
12	Kiran sahu	57	Yamini
13	Luxmi sao	58	Suhasini
14	Leena bhuarya	59	Astha soni
15	Lokeshwari deshmkh	60	Vaishnavi
16	Neeta markande	61	Chandani sahu
17	Nisha	62	Ritu korram

  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)

18	Rajan kumar passi	63	Khomprabha
19	Raju lal	64	Sankala panchtilak
20	Rashmeet kour	65	Ratna soni
21	Renuka yadav	66	Nutan kumara
22	Sant lal markam	67	Renu markam
23	Shweta dwivedi	68	Namrata lakra
24	Ujjawal sao	69	Rashmi baghel
25	Upasana pandey	70	Deepika
26	Bhimita dehari	71	Ashwani
27	Arti varma	72	Chandrakala
28	Amit singh	73	Anju meshram
29	Anjali meshram	74	Chabila korram
30	Archana	75	Rajni Kothari
31	Krishnu benarji	76	Tomeshwari
32	Khilesh sahu	77	Mohini janghel
33	Khushboo	78	Kiran
34	Manimala	79	Tomin
35	Manjusha miri	80	Anju sahu
36	Monika	81	Devesh kumar sahu
37	Spandan ray	82	Amrita
38	Tanu	83	Jyoti
39	Kavita dinde	84	Pooja sanskar
40	Pooja sonkar	85	Ranjana Sharma
41	Jaya gajbhiye	86	Tanweer
42	Neha thakur		
43	Divya sahu		
44	Priyanka sahu		
45	Dhaneshwari deshmuKh		

Principal  
  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)



# 2020-21

## Soft Skill Development (NSS Girls Wing)

Day and Date : Thursday, 08 October 2020

Activity : Road Safety Awareness (Honda Motor cycle, Scooter pvt. & NSS)

No. of Beneficiaries : 37

Road traffic safety refers to the methods and measures used to prevent road users from being killed or seriously injured. Typical road users include pedestrians, cyclists, motorists, vehicle passengers, horse riders, and passengers of on-road public transport awareness programme was organized for safe driving and abiding traffic rules.



Principal  
*Bruce*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



**S.No. Name of Participant**

1. Durgeshwari
2. Jyoti Nag
3. Jyoti Verma
4. Menka Sinha
5. Rashmi
6. Preeti
7. Pushpa
8. Ambika Sharma
9. Renuka
10. Neha Nirmalkar
11. Khushboo Sahu
12. Laxmi Chandrawanshi
13. Vaishali Sawalkar
14. Durga Hirwani
15. Bhumika Nirmalkar
16. Shefali Das
17. Bhupeshwari Sahu
18. Payal Rajput
19. Tanuja Xalxo
20. Akansha Aditi
21. Twinkle Soni
22. Namrata Dixit
23. Deepika Dixit
24. Ranjana Soni
25. Jyoti Adil
26. Priya Vaidya
27. Dhaneshwari Sahu
28. Harshita Sahu
29. Preeti
30. Preeti Poul
31. Harshita
32. Punam
33. Yogita
34. Uma
35. Reshma
36. Ranjana
37. Rashmi

  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

**2020-21**

**Life Skill (Yoga, Physical Fitness, Health and Hygiene)**

**(NCC Boys Wing)**

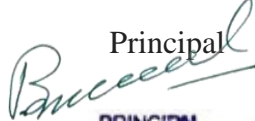
**37 C.G. Battalion**

Day and Date : Monday, 23 November 2020

Activity : Fit India yoga and exercise

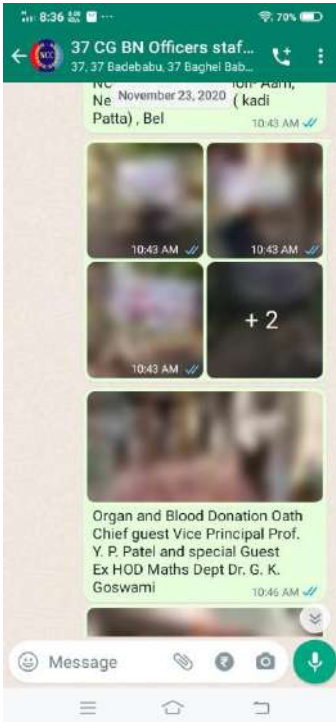
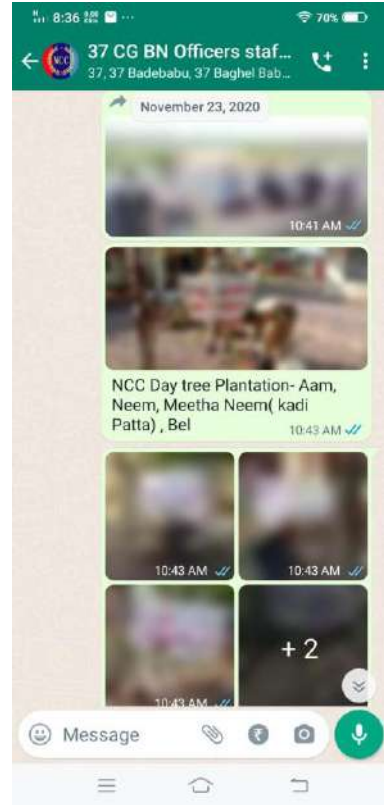
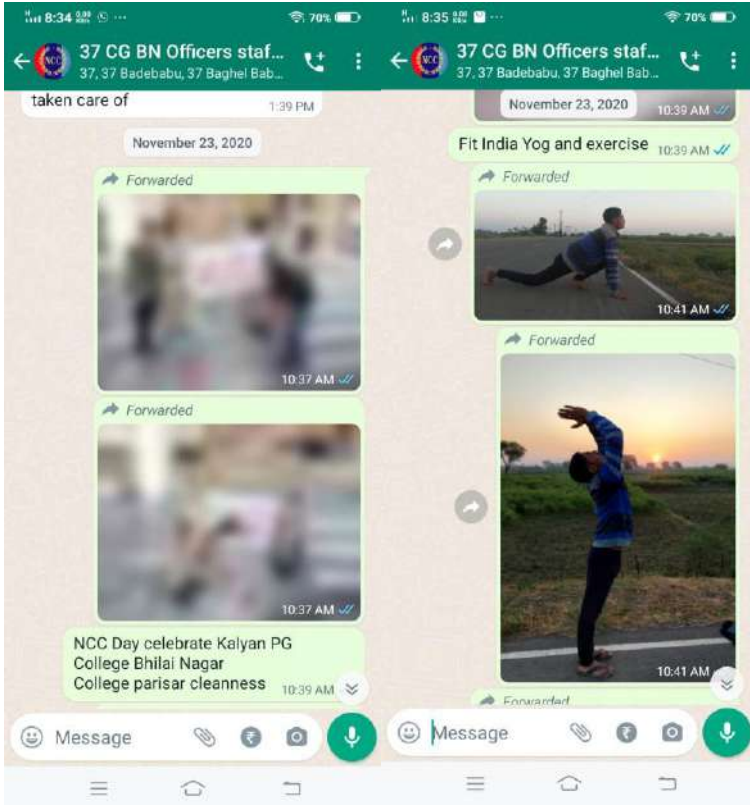
No. of Beneficiaries : 32

On 23rd November 2020 at 08:00 am N.C.C. Day programme has been organized. In which the programme was completed as follows. Cleanliness campaign was completed in the college campus from 08.00 am, after that Fit India yoga and exercise in virtual and non-virtual mode was conducted and then plantation of 02 mango plants, 02 neem plants, 04 sweet neem plants, and 02 bael plants in the college campus was carried out. Saplings were planted around the campus. The Vice-Principal of the college Mr. Y.P. Patel's and Dr. G.K. Goswami former Head of the Department of Mathematics were present as a chief guest. The cadets were administered the oath of organ and blood donation, and in the end an awareness campaign was conducted in Sector-7 to prevent corona. The programme was organized under the guidance of Dr. Harish Kumar Kashyap.

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

S. No.	Regimental No.	Name of Cadet
1	CG/18/SD/A/673256	BHUPESH KUMAR
2	CG/18/SD/A/673227	DEVENDRA KUMAR
3	CG/18/SD/A/673235	DEVENDRA RAGHAV
4	CG/18/SD/A/673255	FANENDRA KUMAR
5	CG/18/SD/A/673233	GAURAV
6	CG/18/SD/A/673270	GULSHAN THAKRE
7	CG/18/SD/A/673237	GOVIND
8	CG/18/SD/A/673243	HITESH KUMAR
9	CG/18/SD/A/673259	HUPESH KUMAR
10	CG/18/SD/A/673264	LEMAN LAL
11	CG/18/SD/A/673247	RAJENDRA KUMAR
12	CG/18/SD/A/673219	SHIV SHANKAR MATHO
13	CG/18/SD/A/673242	SHEKHAR
14	CG/19/SD/A/673217	MUKESH TANDAN
15	CG/19/SD/A/673218	SURAJ SONI
16	CG/19/SD/A/673220	VISHAL KUMAR
17	CG/19/SD/A/673221	D CHANDRES
18	CG/19/SD/A/673222	KAMATA PRASAD
19	CG/19/SD/A/673223	KARAN SONI
20	CG/19/SD/A/673224	KOMAL KUMAR
21	CG/19/SD/A/673226	ARMAN ANSARI
22	CG/19/SD/A/673228	SANAT KUMAR THAKUR
23	CG/19/SD/A/673229	GAURAV SINGH
24	CG/19/SD/A/673230	K AJAY RAO
25	CG/19/SD/A/673231	SONU
26	CG/19/SD/A/673232	DURGESH KUMAR SAHU
27	CG/19/SD/A/673234	RAHUL PRAJAPATI
28	CG/19/SD/A/673236	NAROTTAM YADAV
29	CG/19/SD/A/673241	RAMPRAPANN SINGH
30	CG/19/SD/A/673244	DUDHESHWAR JANGHEL
31	CG/19/SD/A/673245	SATISH SINGOUR
32	CG/19/SD/A/673246	RAMHRIDAY SINGH

  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)



*Principle*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)





*Praveen*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

# 2020-21

## Life Skill (Yoga, Physical Fitness, Health and Hygiene)

### (NSS Girls Wing)

Day and Date : Saturday, 30 January 2021

Activity : Oath taking for Nasha Mukti

No. of Beneficiaries : 32

Drug addiction is a very burning problem of our society. Majority of youth taking drug in different form in our society. It will disturb their physical, mental, financial as well as their social life. On the Punya thithi of Mahatma Gandhi, staff and student of our college took oath for Nasha Mukti and filling sankalp patra for giving message to our society.



**संकल्प-पत्र**

मुझे ज्ञात है कि—

1. नशापान से सामयिक अवसुत्पन्न की स्थिति बनती है।
2. नशापान से कार्य करने की क्षमता कम हो जाती है तथा व्यक्ति प्रमित हो जाता है।
3. नशापान से शारीरिक एवं मानसिक गंभीर क्षतिवां होती हैं।
4. नशापान से सामाजिक प्रतिष्ठा कम होती है तथा समाज से दूरी उत्पन्न मिलती है।
5. नशापान से पारिवारिक सुख एवं समृद्धि का अंत होता है, जिससे जीवन में भद्रता की स्थिति बनती है।
6. नशापान से स्वास्थ्य प्रदूषित होता है, जिससे हमारे परिवार को बच्चे अधिक प्रभावित होते हैं।
7. नशापान उच्च स्तरीय जीवन शैली का प्रतीक नहीं है।

अतएव

मैं संकल्प लेता/लेती हूँ कि अपने कर्तव्यसंग्रह को निरविरत राज्य बनाने, अपने परिवार में सर्वोत्तम प्रयत्न, नशापान को सुदृढ़ बनाने, पर्यावरण को स्वच्छ रखने के लिए सभी वर्ग के व्यक्तियों में नशापान को दुरुपरिणामों को प्रसारित कर उन्हें नशामुक्ति के लिए प्रेरित करना/करनी।

हस्ताक्षर  
नाम: \_\_\_\_\_  
उम्र: \_\_\_\_\_  
पता: \_\_\_\_\_  
District: \_\_\_\_\_

*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

**2020-21**

**Life Skill (Yoga, Physical Fitness, Health and Hygiene)**

**(Department of Education)**

Day and Date : Saturday, 27 February 2021

Activity : Loneliness as a disease

No. of Beneficiaries : 51

On 27 February 2021, a lecture on the subject of mental health was organized through online Google Meet. The title of this programme was “Loneliness as a disease”. In which suggestion were given to overcome Loneliness. The keynote speaker in this was Dr. Anupama Bhonsle.

  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



Date: 27.02.2021

आज दिनांक 27.02.2021, दिन शनिवार को कलपोठ स्नातकोत्तर महाविद्यालय, भिलाई नगर के द्वारा मानसिक स्वास्थ्य अभ्यास कार्यक्रम के तहत "अकेलापन : एक समस्या" प्रकार पर एक परामर्श कार्यक्रम का आयोजन किया गया। परामर्श कार्यक्रम ऑनलाइन के माध्यम से सम्पन्न हुआ। व्यावधानकर्ता शिक्षा संचालक के सहायक प्राध्यापक डॉ. (कु) अनुपमा जोसले के द्वारा अकेलापन का अर्थ,

प्रकार, कारण व उपाय पर चर्चा किया गया।  
परासूरी बी.एड. प्रथम सेमेस्टर के विद्यार्थियों के लिए किया गया।  
डॉ. के. नागमोनी - 27.02.2021.

डॉ. एम. पापारवि - [Signature]

डॉ. (कु) अनुपमा जोसले - [Signature] 27/02/2021

डॉ. (श्रीमती) सुजन लता सर्वसेना - [Signature] 27-02-2021

डॉ. आर. के. साहू - [Signature]

PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



# कल्याण स्नातकोत्तर महाविद्यालय

भिलाई नगर, जिला - दुर्ग 490006 ( छत्तीसगढ़ )

कला, विज्ञान, शिक्षा, पत्रकारिता, वाणिज्य व प्रबंधन महाविद्यालय एवं शोध केन्द्र

नेक द्वारा ग्रेड B प्रत्यापित

विश्वविद्यालय अनुदान आयोग द्वारा उत्कृष्टता की संभावना युक्त महाविद्यालय घोषित

दुरभाष : 0788-2223665, फैक्स : 2223352, ईमेल : office@kalyanpgcollege.org

वेबसाइट : www.kalyanpgcollege.org

क्र. : KPGC/2021/179

दिनांक : 02/3/2021

प्रति,

मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी,  
जिला-दुर्ग (छ.ग.)

विषय : राष्ट्रीय मानसिक स्वास्थ्य कार्यक्रम (NMHP) के अन्तर्गत काउन्सिलिंग सेंटर में किये जाने वाले काउन्सिलिंग सेवा संबंधी।

महोदय,

कल्याण स्नातकोत्तर महाविद्यालय, भिलाई नगर के मानसिक स्वास्थ्य परामर्श केन्द्र के द्वारा फरवरी माह में महाविद्यालय के बी.एड. प्रथम सेमेस्टर के 51 प्रशिक्षार्थियों को परामर्श प्रदान किया गया। इस कार्यक्रम में प्रशिक्षार्थियों को मानसिक स्वास्थ्य से संबंधित जानकारी दी गई। महाविद्यालय के शिक्षा संकाय के सहायक प्राध्यापक डॉ. अनुपमा भोंसले ने " अकेलापन-एक बीमारी " पर अपना व्याख्यान प्रस्तुत किया। इसमें इन्होंने अकेलापन का अर्थ, प्रकार, कारण व निवारण के उपायों पर विस्तृत चर्चा की।

आवश्यक कार्यवाही हेतु सूचनार्थ।

सधन्यवाद।

दिनांक: 27/02/2021

काउन्सलर के नाम व हस्ताक्षर

डॉ. के. नागमणी

डॉ. एन. पापा राव

- संलग्न: 1. उपस्थित विद्यार्थियों की सूची।  
2. उपस्थित विद्यार्थियों की फोटो।

PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

*Bruce*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

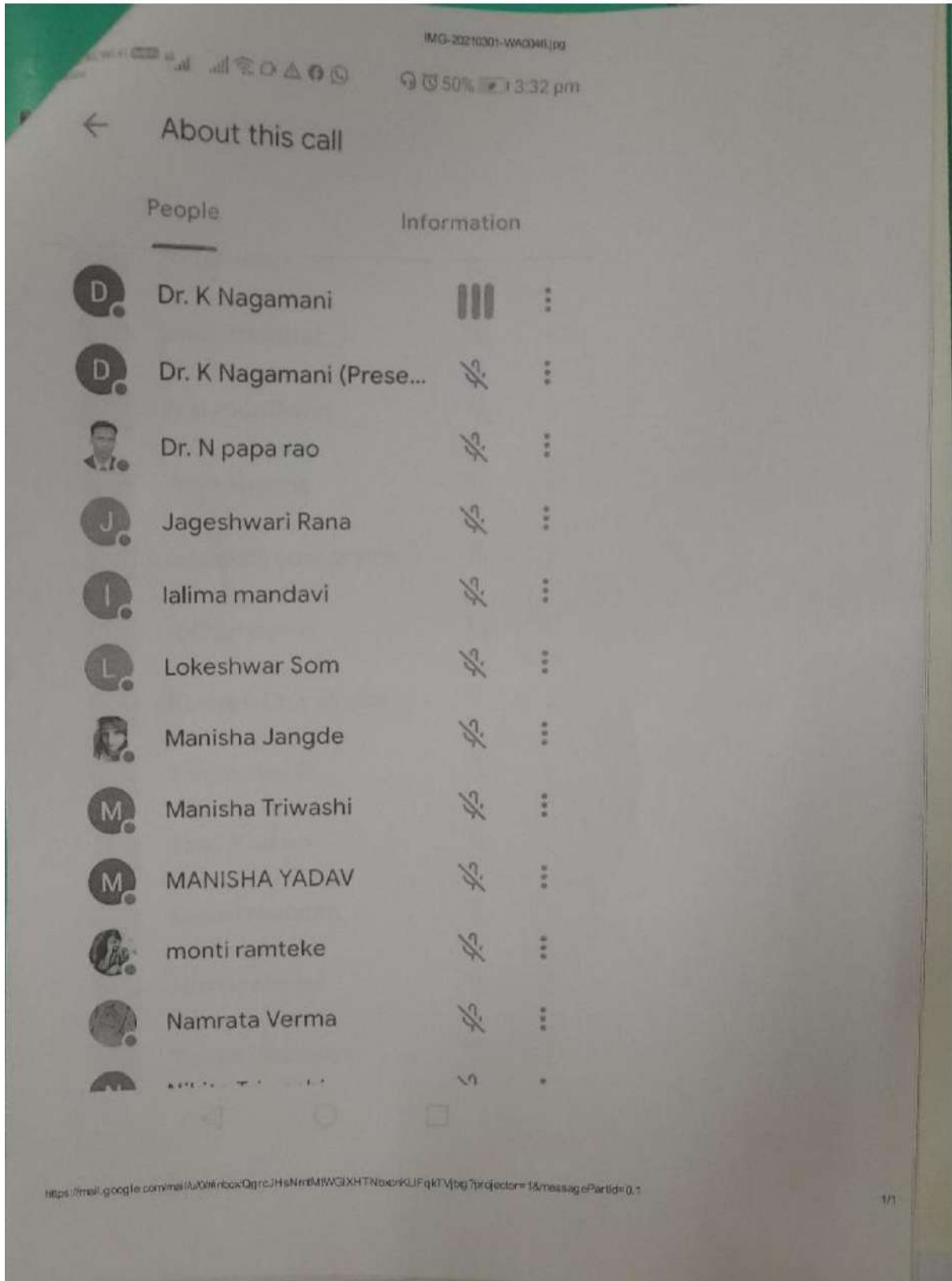


### About this call

People Information

-  **Namrata verma**  
-  **Nikita Triwashi**  
-  **Nitish Kumar Banjare**  
-  **Padmawati**  
-  **pratibha patel**  
-  **Pratibha Tiwari**  
-  **Priya Sharma**  
-  **priyanshi chandrakar**  
-  **roshan panna**  
-  **Roshani Chandrakar**  
-  **Sanjay Nayak**  
-  **Satni Korram**  

*Bruce*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)

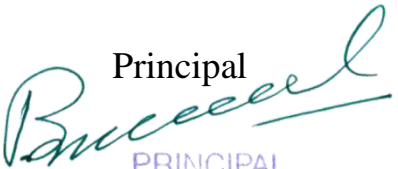


*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)





Profile Picture	Name	Status	More Options
	Satni Korram	Offline	...
	savita choudhary	Offline	...
	Sushila Maravi	Offline	...
	Tarini Sahu	Offline	...
	TARNI THAKUR	Offline	...
	Tonika Dhaneliya	Offline	...
	vijendra kumar	Offline	...
	Vivek Patel	Offline	...
	Yashmi chaturvedi	Offline	...
	Yogesh Kumar	Offline	...
	Yushi Ghosh	Offline	...

Principal  
  
 PRINCIPAL  
 Kalyan Post Graduate College  
 Bhilai Nagar (C.G.)

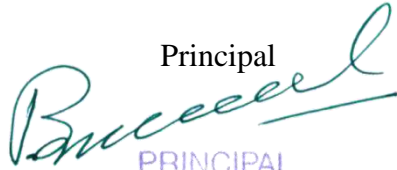
**2020-21**  
**ICT / Computing Skill**  
**(Department of Education)**

Day and Date : Friday, 16 Oct. to 30 Oct. 2020

Activity : FDP on SPSS

No. of Beneficiaries : 200

Under the collaboration of Kalyan Post Graduate College, Faculty of Education and Indian Teacher Education Community, a webinar on the topic 'SPSS', software related to statistical analysis, was organized from 16/10/2020 to 30/10/20. Honorable Vice Chancellor of Hemchand Yadav University, Dr. Aruna Palta, Principal of Kalyan Post Graduate College, Dr. R.K. Sahu, Head of the Faculty of Education, Dr. Sumanlata Saxena, Director of the Indian Education Community, Dr. Pramod Gupta, and Dr. D.N. Sansanwal were present. The webinar started with the welcome speech and address of Dr. Mrs. Sumanlata Saxena, Head of the Faculty of Education. In the webinar, Principal Prof. RK Sahu explained in detail about the educational activities of the college. The Chiefguest Stressed on maintaining the quality of research from all the students and researchers.

Principal  
  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



**15 DAYS SHORT TERM COURSE**  
**(Two-Week Faculty Development Program)**  
**on "SPSS" by**  
**Dr. D. N. Sansanwal**



**ORGANIZED BY**

**Indian Teacher Education Community**

**In Collaboration with**

**Faculty of Education**  
**Kalyan Post Graduate College, Bhilai Nagar**

**16 October - 30 October 2020**  
**Registration fee: ₹ 1000/- (For all)**

**Registration Link:**

<https://forms.gle/e8HXaVhNcpQs6FbL8>



PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



## Resource Person

### Dr. D. N. Sansanwal

Former HOD and Dean, S.O.E., D.A.V.V., Indore

Expert: Research, SPSS, Advanced Educational Statistics

#### Dr. Sansanwal is the Inventor of:-

- ✓ Jerk Technology
- ✓ Multiple Discriminatory Type Item
- ✓ Educational Clinic
- ✓ Multiple answers type question
- ✓ Taught in IIM, Indore and IIFT, New Delhi
- ✓ 09 Books published and 140 Research Papers
- ✓ Resource person in more than 500 seminars, webinars and workshops



#### Daywise Topics of Short Term Course (Two-Week FDP)

16.10.2020	Basics of Statistics, Scales of Measurement and Data Entry and use of SPSS
17.10.2020	t-Test: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results Correlated t-Test: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
18.10.2020	One Way ANOVA: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
19.10.2020	Two Way ANOVA: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
20.10.2020	Three Way ANOVA: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
21.10.2020	Three Way ANOVA continued
22.10.2020	One Way ANCOVA: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
23.10.2020	Two Way ANCOVA: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
24.10.2020	Three Way ANCOVA: When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
25.10.2020	Three Way ANCOVA continued
26.10.2020	Correlation: Concept, Types, When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
27.10.2020	Partial Correlation: Concept, When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
28.10.2020	Multiple Correlation: Concept, When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
29.10.2020	Regression Analysis: Concept, When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results
30.10.2020	Chi-square test: Concept, When to use, Assumptions, Writing of Objective, Hypothesis, Analysis using SPSS and Interpretation of Results

#### Timing:

**03:00 PM- 05:00 PM**

*Bruce*  
PRINCIPAL

Kalyan Post Graduate College  
Bhilai Nagar (C.G.)





## KALYAN POST GRADUATE COLLEGE

BHILAI NAGAR

College with potential for excellence (Declared by NAAC Accreditation 'B Grade')



**Dr. R. K. Sahu**

**Principal**

Kalyan P.G. College, Bhilai



**Chief Guest of the Programme**

**Dr. Aruna Palta**

Vice Chancellor

Hem Chand Yadav University, Durg



**Dr. Sumanlata Saxena**

HOD, Faculty of Education

Kalyan P.G. College, Bhilai

### **About the College**

Kalyan Post Graduate College, Bhilai an Autonomous and Grant-in-aid College, is a premier institute affiliated to Hemchand Yadav University, Durg. It has been accredited with Grade 'B' by NAAC (2018). In our college premises many other facilities like Gym, Girls Hostel, Health Center, Cricket Academy, Mobile Court, Jawara Rus are also available. Five disciplines are functional viz. Arts, Science, Commerce, Education and Journalism with six research centres. Education discipline is distinct in its own way. It offers B.Ed., M.Ed., Ph.D. and Distance Education Programme B.Ed. (IGNOU). In its research centre more than 100 research scholars are enrolled. Most of the faculty members are registered as research guides. Some of the faculties are members in visiting teams of NAAC and NCTE. There is a well-equipped infrastructure for teacher training.



*Buceed*  
PRINCIPAL

Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



### **Instructions to the Participants:**

- \* After registration you will get Youtube link in whatsApp group on daily basis.
- \* This short-term course (Two-Week FDP) will focus on quantitative analysis using SPSS.
- \* All participants must install any version of SPSS in their computer for use during the course.
- \* PPT of lectures will not be shared.
- \* E-certificate will be issued after 10 days of the completion of the course.

### **Convener:**

#### **Dr.Sumanlata Saxena**

HOD, EDUCATION, Kalyan P.G. College, Bhilai

Contact No.: 9926165359

Mail Id: [amiya.saxena@gmail.com](mailto:amiya.saxena@gmail.com)

### **Co-Convener:**

#### **Dr. Pramod Kumar Gupta**

(Indian Teacher Education Community Group at Telegram App)

Contact No.: 8400741999

E-mail Address: [indianteachereducationcom20@gmail.com](mailto:indianteachereducationcom20@gmail.com)

Telegram link: <https://t.me/joinchat/SQoPGh2pyas2meqC5xG7ug>

Linkedin: <https://www.linkedin.com/groups/8975511/>

Facebook: <https://www.facebook.com/groups/indianteachereducationcommunity/>

Youtube: <https://www.youtube.com/c/indianteachereducationcommunity/videos>

### **Account Details:**

**Account Name: Pramod Kumar Gupta**

**State Bank of India, A/C No.: 63047128699**

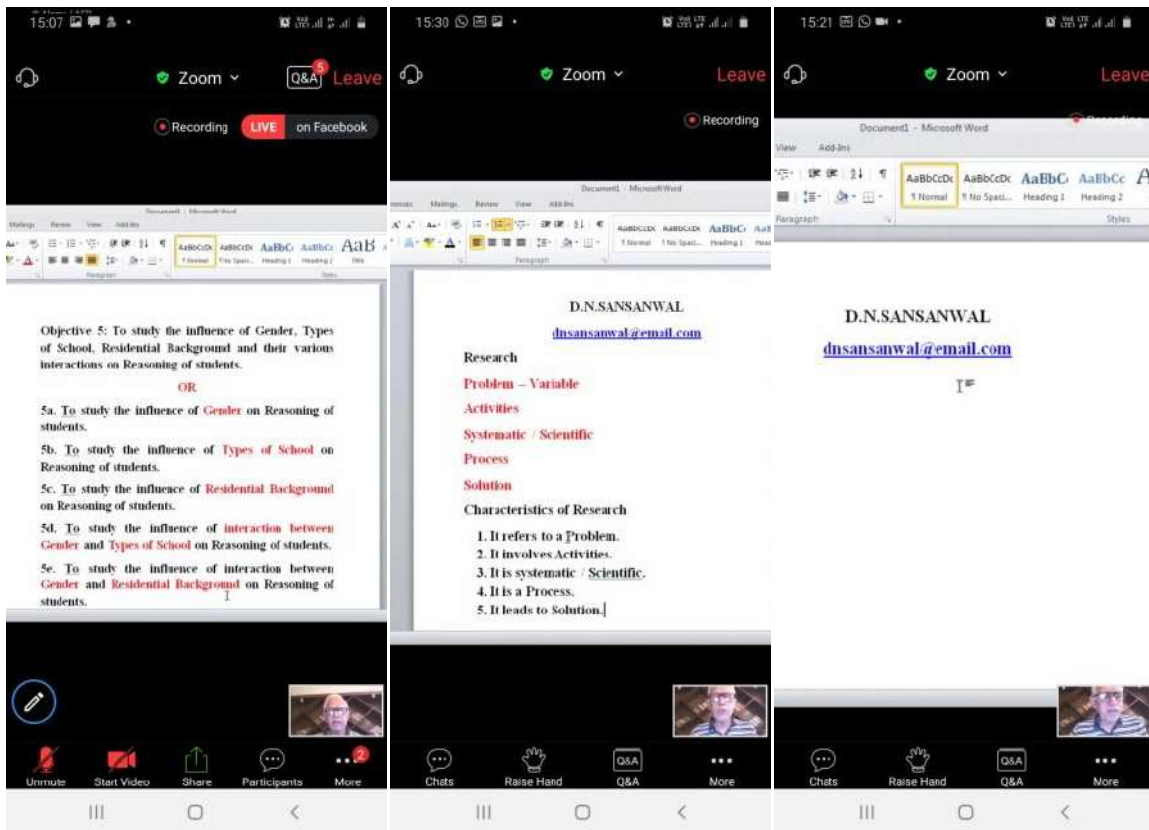
**IFSC: SBIN0003663**

**Branch: Godha Colony, Indore M.P.**

**Payment can be made through Google pay, Phone pay, Paytm.**

©N3#A

  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)



*Bruceell*  
PRINCIPAL  
Kalyan Post Graduate College  
Bhilai Nagar (C.G.)